

## How to ABA's Tricks to Teaching Students Via Zoom

### Make a Schedule to Provide Structure

- Have students either
  - Draw out boxes at home for the # of items on the schedule
    - Once the programs are complete, they can check it off and show you!
  - Print 1-3 letters or a short form of the words on the schedule (e.g., BG for Board Game)
  - Print out the entire schedule (this may take too long)
- You can create the schedule on word (or notepad) and share with them:
  - Provide choice
    - Have the programs already typed up they can pick the order (copy and paste to corresponding numbers)
    - You can delete the program once it's done – like checking it off

### Priming

- Review the outline of the session and your expectations at the beginning of session
  - Show the schedule
  - Have student set up a token board (if applicable)
  - Review “expectations” (e.g., self-monitoring system)
  - Get all relevant material now – e.g., stuff you need for show and share, etc. (You have 2 minutes – GO)

### Reinforcement

- Remember that reinforcement is still extremely important – you are going to have to get creative
  - Verbal praise
  - Token board
    - Have student draw out 10 circles and then give self a checkmark each time you instruct them to
    - 10 tokens = preferred activity, chosen by the student *before* the start of programming
      - Completion of activity
      - A quick silly dance together or make silly faces
      - Play preferred song – get up and dance
      - Play preferred YouTube clip (30sec-1min)
  - Self-monitoring system
    - At the onset of therapy – Have the student(s) write out 1-3 points (These can be modified)
      - Stay on task / Stay focused
      - Participate
      - Try hard
    - Throughout the session – Therapist to provide behaviour specific praise related to the self-monitoring system + give instructions to provide a check mark
    - E.g., “Wow, that is great participation – give yourself a check mark beside participate”
    - Also, you can provide reminders to get back on task – e.g., “Remember your rules – Try to stay focused”
    - At the end of the session – review the self-monitoring system and provide praise/feedback
    - If the student cannot self-monitor you can still provide bx. specific praise for staying on task, participating, and trying hard!

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- Fun short YouTube video (2-3 min) at the end of the therapy session (Share your screen)
  - Note: Depending on the student, you may need to provide short snippets of a YouTube video more often than just at the end of your session

### Wiggle Movement Breaks

- During transitions – while you are switching from one program to the next, or when the student is losing attention, have the student(s) get up and move: (Ideas below)
  - 10 jumping jacks
  - 5 of their best pushups (complement them on their strong muscles!)
  - Run twice around the table
  - Touch one wall and then the other and then come back to sit down
  - Small as a mouse (student crunches into a ball), tall as a house (student tries to touch the ceiling)
  - Stretch – try to touch the ceiling – hold it for 10 seconds

### Share Screen

- Try to utilize as many visuals as possible by sharing your screen as often as possible
  - Workbooks, etc.

### Mute Participants in Group Settings

- If students are talking over each other, mute them – then they have to raise their hand to talk – then you unmute them
- Systematically fade this out until they learn to talk and wait their turn as part of a group

### Take Control

- Remember, you are in charge, not the student
- You tell them when they can go get stuff they want to share with the group, etc.
  - This works well if you've included this in your schedule at the beginning + priming

### Be Prepared

- Transitions may be a little harder when you are online so try to be as prepared as you can
  - Have all websites opened and signed in
  - Ensure your visuals are ready so that you can share your screen

## How to ABA's Tricks to Teaching Students Via Zoom

### Online Resources

#### Language

- Vocabulary: <https://www.eslgamesplus.com/pirate-games/>
  - Great game to teach vocabulary
- Writing Activity
  - Sequence writing for beginning writers – see PDF attached
  - Sequencing Worksheet for writers – see PDF attached

#### Social Ideas – Conversations

- Conversation Starters: <https://www.gifts.com/blog/conversation-starters>
- Would you Rather: <https://conversationstartersworld.com/would-you-rather-questions-for-kids/>
- Funny would you rather: <https://icebreakerideas.com/would-you-rather-questions/>

#### Video Modeling/Apps

- iDO Hygiene: <https://www.portialearning.com/wp-content/uploads/2018/12/FYTB.pdf>
  - Youtube video on how it works
- iDO Hygiene: <https://apps.apple.com/us/app/ido-hygiene/id931411575>
  - Where you can download it

#### Different Approach to Certain Programs (Can be used as breaks/reinforcement)

- Interactive Whiteboard Resources: <https://www.topmarks.co.uk/INTERACTIVE.ASPX>
  - Math and Literacy
  - Science – biology, chemistry, physics
  - Art, music, and religious studies
  - History and geography
- I-Smart Board: <http://www.ismartboard.com/smartboard-science-games/grade-k-1-2/>
  - Reading games
  - Math and science games
  - Social studies games
- Learn at home: <https://classroommagazines.scholastic.com/support/learnathome.html>
  - Lots of different subjects covered and great visuals
    - PreK and Kindergarten
    - Grade 1-2 + Grade 3-5 + Grade 6-9
- Green Screen Speech Therapy Facebook Group
  - Lots of powerpoints to keep things visual and interactive
  - <https://www.facebook.com/groups/greenscreenspeech/>
- Online Token Boards
  - <https://www.thetokenboard.com>

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### Break Ideas (Reinforcement)

- Personality quizzes and other quizzes: <https://kids.nationalgeographic.com/games/personality-quizzes/>
- Primary Games: <https://www.primarygames.com/science.php>
  - Lots of different game ideas
- Kids Math Games: <http://www.kidsmathgamesonline.com/boardgames.html>
  - Other online games (connect 4, dominos, etc.)
- Virtual Field Trips:
  - Different options: <https://www.virtualfieldtrips.org/>
  - Different options: [https://docs.google.com/document/d/1SvldgTx9djKO6SjyvPDsoGlkgE3iExmi3qh2KRRku\\_w/preview?fbclid=IwAR3xf5NBBx7zpUjhbhtwGvcJoFv4V-caWWdtNdJMepT9X9CdNZfVeiFPU](https://docs.google.com/document/d/1SvldgTx9djKO6SjyvPDsoGlkgE3iExmi3qh2KRRku_w/preview?fbclid=IwAR3xf5NBBx7zpUjhbhtwGvcJoFv4V-caWWdtNdJMepT9X9CdNZfVeiFPU)
  - Field trip to national parks: [https://totallythebomb.com/heres-33-national-park-tours-you-can-take-virtually-from-the-comfort-of-your-home?fbclid=IwAR0Uq\\_cCrNkiYfi8NLvcJTU3xBnv6ED5bBYw3JNYpEiqWXp6-D0m-e9XFww](https://totallythebomb.com/heres-33-national-park-tours-you-can-take-virtually-from-the-comfort-of-your-home?fbclid=IwAR0Uq_cCrNkiYfi8NLvcJTU3xBnv6ED5bBYw3JNYpEiqWXp6-D0m-e9XFww)
  - Field trip to museums: [https://www.msn.com/en-us/travel/travel-trivia/stuck-at-home-these-12-famous-museums-offer-virtual-tours-you-can-take-on-your-couch-video/ar-BB119nm6?li=BBnbfcl&fbclid=IwAR0\\_OBJH7ISyTN3ug\\_MsOeFnNgB1orTa9OBgilKJ7dhnwIVvHEsptuKkj1c](https://www.msn.com/en-us/travel/travel-trivia/stuck-at-home-these-12-famous-museums-offer-virtual-tours-you-can-take-on-your-couch-video/ar-BB119nm6?li=BBnbfcl&fbclid=IwAR0_OBJH7ISyTN3ug_MsOeFnNgB1orTa9OBgilKJ7dhnwIVvHEsptuKkj1c)
- Ripley Aquarium: [https://www.ripleyaquariums.com/at-home/?utm\\_source=mailchimp&utm\\_medium=email&utm\\_campaign=fb\\_live&utm\\_content=button&fbclid=IwAR0vGSK9nGp6PONuEh6Kzh9XixOEJ4gxjhqPpzkKjwVYtjvDWsnW6X0MAMU](https://www.ripleyaquariums.com/at-home/?utm_source=mailchimp&utm_medium=email&utm_campaign=fb_live&utm_content=button&fbclid=IwAR0vGSK9nGp6PONuEh6Kzh9XixOEJ4gxjhqPpzkKjwVYtjvDWsnW6X0MAMU)
  - Live feedings

### Resources for Therapists

- Telehealth in ABA: Practical Applications: [https://zoom.us/rec/play/v5Ipfu-prW83HlaV5gSDUPd-W9W8e\\_2s1iZMrvtayR7gVXYHZAajN7IbY-XcGgSdGA5UNOTJjorgoi6t?continueMode=true&xzm\\_rtaid=GBdsCl-LQ7Kk0-HqEHwW3Q.1585064418306.e8a9c8944336f0f6db9e260b0b373965&xzm\\_rhtaid=959](https://zoom.us/rec/play/v5Ipfu-prW83HlaV5gSDUPd-W9W8e_2s1iZMrvtayR7gVXYHZAajN7IbY-XcGgSdGA5UNOTJjorgoi6t?continueMode=true&xzm_rtaid=GBdsCl-LQ7Kk0-HqEHwW3Q.1585064418306.e8a9c8944336f0f6db9e260b0b373965&xzm_rhtaid=959)
  - Great webinar on how to provide therapy via video – from the states so some of it is not relevant to us but it's great info re: some groups, etc.
- Getting through COVID19: <http://kidmechanix.com/getting-you-through-covid-19/>
- Surviving the COVID19: <http://blog.abadesk.com/2020/03/16/surviving-the-covid-19-pandemic-with-children/?fbclid=IwAR3tgNMIAPZGa-RUEMKb8nbFDu4zFS9TsGl9yiKdvcl0LVL1qKkCa17zBl0#respond>
  - Lots of great information here!
- Supporting Individuals with Autism through uncertain times: <https://afirm.fpg.unc.edu/sites/afirm.fpg.unc.edu/files/covid-resources/Supporting%20Individuals%20with%20Autism%20through%20Uncertain%20Times%20Full%20Packet.pdf>
  - Great visuals at the end of this packet
- First Year Tackle Box: <https://www.portialearning.com/wp-content/uploads/2018/12/FYTB.pdf>

### More Free Resources

- 190+ Amazing online learning resources: <https://www.weareteachers.com/free-online-learning-resources/>
  - What I love about this resource is they explain what it is and what they are offering!